

Because there is a direct correlation between popularity and success, if you want to succeed in life, you have to know what others think of you. That is why you need

### THE WALK AROUND SHEET

How did I impress you when we first met based on the five categories listed below?

(        ) How can I improve? Be specific.

---

---

- 1) Great guy or gal would love to have you as a friend. 9-10
- 2) A nice person we could become friends. 7-8
- 3) I doubt if we will ever be friends. 5-6
- 4) I know we will never be friends. 3-4
- 5) I dislike you. 1-2
- 6) I hate you. 0

After 2 or 3 minutes using the same categories rate me. (        )  
If my score has changed tell me why. Be specific.

---

At the end of the meeting (estimated minutes \_\_\_\_\_) if my score has changed tell me why. Be specific.

---

---

### USING THE WALK AROUND SHEET

For the walk around sheet to be effective it must be used with at least 20 different people, strangers and relative strangers are best but anyone will do. All feedback is helpful. You should seek out people similar to you in age, background and sex (Never the opposite sex, it will invalidate the study) 28% of the criticisms are easy to correct, e.g. you have bad breath, you chew with your mouth open, you move constantly and make me nervous etc... Ignore the lowest scores and the obvious shots from jerks. Look for those with specific recommendations. If you want copies of **THE WALK AROUND SHEET** go to **MOLLOY'S POPULARITY GAME** and download it.

If your scores average 9 or 10 don't do anything, if it's not broken don't fix it. If you have 8 or 9 you might consider using the text but it isn't necessary, but you should use the walk around sheet. It is easiest for those with low scores, those who have been passed over for promotions and teenagers to become popular because all they have to do is want to be popular and follow the instructions in the text. It will work for 60% to 90% of those who use it.

To use the walk around sheet you need several things. 40 copies of the sheet because when you meet someone, you're going to give them a copy and instructions on how to download it. You will also need two pens and a clipboard if you have one, if not anything you can lean against when filling out the sheet. When they are finished scoring you, fold each sheet in half and drop it in a large envelope until you have 20. Then read them, not before.

You should encourage those you know, who have never been popular and your teenager to use the walk around sheet. Most teenagers will never admit to their parents that they are not popular. If they are not it isn't important because a majority of those, including teenagers, who follow the instructions in this text will become popular and as a result, will receive preferential treatment for the rest of their lives.